



**Dennis A Wicker Civic Center**  
**801 Nash Street**  
**Sanford, NC 27330**

**Saturday, December 11, 2010**

**Session 1 Capital Cup**

DOB 3/30/2000 – 1/25/1995

General Stretch: 8:00 A.M.  
1<sup>st</sup> Event Warm Up: 8:30 A.M.  
March In: 8:40 A.M.  
Competition 8:50 A.M.  
Awards 12:00 P.M.

**Saturday, December 11, 2010**

**Session 2 Capital Cup**

DOB 2/16/2001 – 3/31/2000

General Stretch: 12:15 P.M.  
1<sup>st</sup> Event Warm Up: 12:45 P.M.  
March In: 12:55 P.M.  
Competition 1:05 P.M.  
Awards 4:15 P.M.

**Saturday, December 11, 2010**

**Session 3 Capital Cup**

DOB 10/28/2001 – 2/17/2001

General Stretch: 4:30 P.M.  
1<sup>st</sup> Event Warm Up: 5:00 P.M.  
March In: 5:10 P.M.  
Competition: 5:20 P.M.  
Awards: 8:30 P.M.

**Sunday, December 12, 2010**

**Session 4 Capital Cup**

DOB 9/29/2002 – 10/29/2001

General Stretch: 8:00 A.M.  
1<sup>st</sup> Event Warm Up: 8:30 A.M.  
March In: 8:40 A.M.  
Competition: 8:50 A.M.  
Awards: 12:00 P.M.

**Sunday, December 12, 2010**

**Session 5 Capital Cup**

DOB 10/28/2004 – 9/30/2002

General Stretch: 12:15 P.M.  
1<sup>st</sup> Event Warm Up: 12:45 P.M.  
March In 12:55 P.M.  
Competition 1:05 P.M.  
Awards 4:15 P.M.