

# 2011 Region 8 PREP Optional Championships

April 29-30 & May 1 ~ Manatee Convention Center ~ Palmetto, Florida

Welcome to Florida for the 2011 PREP Optional Region 8 Championships. We are planning a wonderful event for your athletes and families. Please familiarize yourself with the immediate area so that you can arrive early with your athlete. The convention center is at the north side of the Bradenton bridge. 2 of the 3 host hotels are shown on this map. The 3<sup>rd</sup> hotel is just outside the Sarasota-Bradenton airport and is on 301, south of the map. Athletes are split by their birthdate between some of the sessions. Please check your gym roster for birthdate and spelling accuracy. Should you require assistance of any sort, please contact me at 407.461.3435

**Holiday Inn – Sarasota  
Bradenton Airport**  
(941) 355-9000  
8009 15<sup>th</sup> St East (old 301)  
Sarasota, FL 34243

**Shorewalk Condos**  
(941)794-9800  
4601 46<sup>th</sup> St. Ct. West  
Bradenton, FL 34210

**Wingate by Windham**  
(941) 755-0055  
5464 Lena Lane  
Bradenton, FL 34211



## General Admission Fees

Adult: 13 years and older  
Child: 5 to 12 years old  
Under 5 years old

## Friday ~ Saturday ~ Sunday

\$15.00 per day  
\$10.00 per day  
Free

Additional information can be found:

[www.region8gymnastics.org](http://www.region8gymnastics.org)

[www.tampabayturners.com](http://www.tampabayturners.com)

[www.meetminders.com](http://www.meetminders.com)

[www.meetmaker.com](http://www.meetmaker.com)

# 2011 PREP Optional Region 8 Championships

Manatee Convention Center ~ 1 Haben Blvd. ~ Palmetto, Florida 34221

## Friday April 29

**Session 1**      **Silver All Star**  
**cc - 57**      **11.24.00 to 12.26.03**

General Stretch                      8:00am- 8:20 am  
 Timed Warm-up Flight A            8:20am- 8:35 am  
 March In                                8:35am- 8:40 am  
 Competition                          8:40am-11:00 am  
 Awards                                    **11:15am**

**Session 2**      **Silver All Star**  
**cc - 57**      **09.30.94 to 11.20.00**

General Stretch                      11:00am-11:20am  
 Timed Warm-up Flight A            11:20am-11:35am  
 March In                                11:35am-11:40am  
 Competition                          11:40am- 2:00pm  
 Awards                                    **2:15pm**

**Session 3**      **Gold All Star**  
**cc - 67**      **07.28.99 to 04.28.03**

General Stretch                      2:00pm-2:20pm  
 Timed Warm-up Flight A            2:20pm-2:35pm  
 March In                                2:35pm-2:40pm  
 Competition                          2:40pm-5:00pm  
 Awards                                    **5:15pm**

**Session 4**      **Gold All Star**  
**cc - 67**      **12.28.93 to 07.21.99**

General Stretch                      5:00pm-5:20pm  
 Timed Warm-up Flight A            5:20pm-5:35pm  
 March In                                5:35pm-5:40pm  
 Competition                          5:40pm-8:00pm  
 Awards                                    **8:15pm**

## Saturday April 30

**Session 5**      **Bronze Team**  
**cc - 36**

General Stretch                      8:00am- 8:20 am  
 Timed Warm-up Flight A            8:20am- 8:35 am  
 March In                                8:35am- 8:40 am  
 Competition                          8:40am-11:00 am  
 Awards                                    **11:15am**

**Session 6**      **Silver Team**  
**cc - 36**

General Stretch                      11:00am-11:20am  
 Timed Warm-up Flight A            11:20am-11:35am  
 March In                                11:35am-11:40am  
 Competition                          11:40am- 2:00pm  
 Awards                                    **2:15pm**

**Session 7**      **Gold Team**  
**cc - 42**

General Stretch                      2:00pm-2:20pm  
 Timed Warm-up Flight A            2:20pm-2:35pm  
 March In                                2:35pm-2:40pm  
 Competition                          2:40pm-5:00pm  
 Awards                                    **5:15pm**

**Session 8**      **Platinum Team**  
**cc - 42**

General Stretch                      5:00pm-5:20pm  
 Timed Warm-up Flight A            5:20pm-5:35pm  
 March In                                5:35pm-5:40pm  
 Competition                          5:40pm-8:00pm  
 Awards                                    **8:15pm**

## Sunday May 1

**Session 9**      **Bronze All Stars**  
**cc - 60**      **06.29.01 to 07.26.05**

General Stretch                      8:00am- 8:20 am  
 Timed Warm-up Flight A            8:20am- 8:35 am  
 March In                                8:35am- 8:40 am  
 Competition                          8:40am-11:00 am  
 Awards                                    **11:15am**

**Session 10**      **Bronze All Stars - 01.06.91 to 06.19.01**  
**cc - 60**      **Platinum All Stars - 12.26.99 to 06.23.02**

General Stretch                      11:00am-11:20am  
 Timed Warm-up Flight A            11:20am-11:35am  
 March In                                11:35am-11:40am  
 Competition                          11:40am- 2:00pm  
 Awards                                    **2:15pm**

**Session 11**      **Platinum All Stars**  
**cc - 53**      **12.23.83 to 12.15.99**

General Stretch                      2:00pm-2:20pm  
 Timed Warm-up Flight A            2:20pm-2:35pm  
 March In                                2:35pm-2:40pm  
 Competition                          2:40pm-5:00pm  
 Awards                                    **5:15pm**

Please be familiar with the area and at competition site 30 minutes prior to session. Athletes check-in at the door and coaches check-in at the scorers table. The day of meet phone is 407.461.3435

