2011 TURKEY TUMBLE



WINSTON SALEM NC 11/18/2011 - 11/20/2011



Hosted By:

Salem Gymnastics

Friday, November 18, 2011

Session: 1 Modified Traditional

Competing Levels

Level 6 2/28/1997 - 6/19/2003

 General Stretch:
 4:30 PM

 1st Event WarmUp:
 5:00 PM

 March In:
 5:15 PM

Competition:

Awards: 7:40 PM

Saturday, November 19, 2011

Session: 4 Capital Cup

Competing Levels

Level 4 6/2/2003 - 4/4/2005

 General Stretch:
 3:40 PM

 1st Event WarmUp:
 4:10 PM

 March In:
 4:20 PM

Competition: 4:30 PM Awards: 7:00 PM

Saturday, November 19, 2011

Session: 2 Capital Cup

5:25 PM

Competing Levels

Level 4 4/13/1996 - 12/21/2001

 General Stretch:
 9:00 AM

 1st Event WarmUp:
 9:30 AM

 March In:
 9:40 AM

 Competition:
 9:50 AM

petition: 9:50 AM Awards: 12:05 PM Sunday, November 20, 2011

Session: 5 Capital Cup

12:35 PM

Competing Levels

Level 5 6/29/1996 - 5/4/2001

 General Stretch:
 8:30 AM

 1st Event WarmUp:
 9:00 AM

 March In:
 9:10 AM

 Competition:
 9:20 AM

Awards:

Saturday, November 19, 2011

Session: 3 Capital Cup

Competing Levels

Level 4 1/10/2002 - 6/1/2003

 General Stretch:
 12:20 PM

 1st Event WarmUp:
 12:50 PM

 March In:
 1:00 PM

 Competition:
 1:10 PM

 Awards:
 3:30 PM

Sunday, November 20, 2011

Session: 6 Capital Cup

Competing Levels

Level 5 5/11/2001 - 10/28/2004

 General Stretch:
 12:50 PM

 1st Event WarmUp:
 1:20 PM

 March In:
 1:30 PM

 Competition:
 1:40 PM

 Awards:
 5:00 PM