

# Frippin' & at the farm!

2018 Pennsylvania

Level 4 State Championships



# 2018 PA Level 4 State Championships

## COMPETITION INFORMATION

**Competition Dates:** April 21-22, 2018

**Competition Site:** Bald Eagle Area High School  
751 S. Eagle Valley Road  
Wingate\*, PA 16823 (\*please use Bellefonte, PA when entering into GPS)

**Host Club:** Centre Elite Gymnastics- State College, PA (814) 380-0894

**Meet Director:** Heather Kikel  
Email: [heather@centreelitegym.com](mailto:heather@centreelitegym.com)  
Phone: 814-380-0894

**Meet Website:** [www.centreelitegymnastics.com/2018-level-4-states](http://www.centreelitegymnastics.com/2018-level-4-states)

**Entry Fees:** \$85.00/ gymnast

**Registration:** The qualifying score is 34.00 for AA Athletes. All registrations must be made through [meetmaker.com](http://meetmaker.com). Online payment is required at time of registration. Please note MeetMaker charges a 3% charge for credit card payments. No additional charge for payments made via ACH from checking account. A \$25/gymnast late fee will be added through MeetMaker for entries received after April 4, 2018.

**Meet Format:** Modified Capitol Cup- 1 Gym with 2 sets of identical equipment. Flight A competes on one set, Flight B on the other set. Floor and 6' x 55' Tumble strip. 1 minute timed warm up per gymnast on competition equipment- no 30 second touch.

**Awards:** Individual and All Around awards will be presented to each age group at the conclusion of the competition in the upstairs auditorium per the state guidelines- 25% in each age group.

**Competition Schedule:** Final session times will be posted on [pagymnastics.com](http://pagymnastics.com), [meetmaker.com](http://meetmaker.com) and [centreelitegymnastics.com/2018-level-4-states](http://centreelitegymnastics.com/2018-level-4-states). Teams will be randomly drawn for each session.

**Coaches Information:** A coaches meeting will be held at the start of each session. Coaches hospitality is provided onsite. Snacks & beverages will be available throughout the day; hot meals provided between sessions.



**Equipment:** Equipment and matting provided by Mancino Manufacturing Co.

VAULT	BARS	BEAM	FLOOR
<ul style="list-style-type: none"> <li>• AAI Tac 10 Vault Tables</li> <li>• AAI Tac 10 Vault Boards</li> <li>• Vault Safety Zone</li> <li>• Round Off Entry Mat</li> <li>• Vault Runway (1-3/8" x 3' x 82') with Measuring Tape</li> <li>• 10cm x 8' x 15' Throw Mat</li> <li>• 5' x 10' Sting Mat</li> </ul>	<ul style="list-style-type: none"> <li>• AAI Elite Uneven Bars</li> <li>• FSA Leg Package</li> <li>• JF Iris Vault Board</li> <li>• Mancino Euro Style Mount Block</li> <li>• 15" x 24" x 24" Spotting Block</li> <li>• 10cm x 7' x 10' Throw Mat</li> <li>• 5' x 10' Sting Mat</li> </ul>	<ul style="list-style-type: none"> <li>• Mancino Competition Club Beam</li> <li>• JF Iris or Mancino Vault Board</li> <li>• Mancino Euro Style Mount Block</li> <li>• 10cm x 7' x 10' Throw Mat</li> <li>• 5' x 10' Sting Mat</li> </ul>	<ul style="list-style-type: none"> <li>• Mancino Baltic Birch Floor 42' x 42' with springs</li> <li>• 1-3/8" x 6' x 42' Carpet Bonded Foam with Velcro</li> <li>• Mancino Baltic Birch Tumble Strip 6' x 55' with springs</li> <li>• Spring Floor Corner Blocks</li> <li>• Vinyl Skirt for Floor Perimeter</li> <li>• 5' x 10' Sting Mat</li> </ul>

**Petition Forms:** All petition forms must be sent to Donna Guenther (SACC) for approval. If you need to petition an athlete, please email the completed petition to Donna at [somertongymnastics@gmail.com](mailto:somertongymnastics@gmail.com)

**Coaches Verification:** All coaches planning on coaching during the competition must be registered through MeetMaker for USA Gymnastics professional membership verification. Coaches must present current USAG Pro Member card at sign in. Any coach not registered will be unable to coach until membership verification has been completed.

**Meet Updates:** Meet updates will be emailed to the email address used when registering through MeetMaker.

**Scoring:** Live scoring will be available online at [www.beyondthescores.com](http://www.beyondthescores.com). Final results will be posted online at [www.pagymnastics.com](http://www.pagymnastics.com) and [www.centreelitegymnastics.com/](http://www.centreelitegymnastics.com/)

**Meet Vendors:**

- Center Elite Team Booster Club
- Your Gym Closet
- Northwest Designs
- GymnasticsPhoto.com

**Host Hotels:**

Please note: the Annual Penn State Blue-White Football Game is being held on Saturday, April 21 so rooms will go quickly. Room rates are available through 4/9/18 as rooms are available.

**Holiday Inn Express-** 1925 Waddle Road, State College, PA 16803

For Reservations please call 814-867-1800 use code L4S

\$209/ Fri Night; \$269/ Sat Night

**Fairfield Inn & Suites-** 2215 N. Atherton Street, State College, PA 16803

For Reservations please call 814-238-3871 use code CEGP

\$209/ Fri Night; \$259/ Sat Night

**Hampton Inn & Suites-** 1955 Waddle Road, State College, PA 16803

For Reservations please call 814-231-1899 use code LEV

\$219/ Fri Night; \$269/ Sat Night

**SpringHill Suites by Marriot-** 1935 Waddle Road, State College, PA 16803

For Reservations please call 814-867-1807. Press 0 at recording & give code LFSG

\$239/ Fri Night; \$279/ Sat Night



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## LOCAL DINING & POINTS OF INTEREST AT PENN STATE DINING

**Brothers Pizza:** 783 S. Eagle Valley Road, Bellefonte. [www.brotherspizzacentrehall.com](http://www.brotherspizzacentrehall.com)

**Olive Garden:** 1945 Waddle Road, State College. [www.olivegarden.com](http://www.olivegarden.com)

**Outback Steakhouse:** 1905 Waddle Road, State College. [www.outbacksteakhouse.com](http://www.outbacksteakhouse.com)

**Texas Roadhouse:** 1885 Waddle Road, State College. [www.texasroadhouse.com](http://www.texasroadhouse.com)

**Cracker Barrel Old Country Store:** 215 Colonnade Blvd., State College. [www.locations.crackerbarrel.com](http://www.locations.crackerbarrel.com)

**Otto's Pub and Brewery:** 2235 N. Atherton Street, State College. [www.ottospubandbrewery.com](http://www.ottospubandbrewery.com)

**Barrel 21 Distillery and Dining:** 2255 N. Atherton Street, State College. [www.barrel21distillery.com](http://www.barrel21distillery.com)

**The Field Burger & Tap:** 1 Country Club Lane, State College. [www.toftrees.com](http://www.toftrees.com)

**Applebee's:** 12 Colonnade Way, State College. [www.restaurants.applebees.com](http://www.restaurants.applebees.com)

**Red Lobster:** 1670 N. Atherton Street, State College. [www.redlobster.com](http://www.redlobster.com)

**Happy Valley Brewing Company:** 137 Elmwood Street, State College. [www.happyvalleybeer.com/](http://www.happyvalleybeer.com/)

**Camps Sports Grill:** 1611 N. Atherton Street, State College. [www.champssportsgrill.net](http://www.champssportsgrill.net)

## POINTS OF INTEREST

**Nittany Lion Shrine:** The Nittany Lion, sculpted from a large block of Indiana limestone by noted sculptor Heinz Warneke, was presented by the class of 1940. Located near the Recreation Building on the Penn State Main Campus, the Lion Shrine is one of the most popular places on campus and is said to be the most photographed site on campus. <http://www.psu.edu/ur/about/nittanyshrine.html>

**The Berkey Creamery:** For over 150 years, the Creamery has been a landmark at Penn State. Some of the biggest names in ice cream making- including Ben & Jerry, Baskin- Robbins and Haagen-Dazs- have attended the Creamery's legendary ice cream short course- held for just 6 days a year - to learn how to craft the perfect ice cream. [www.creamery.psu.edu](http://www.creamery.psu.edu)

**Penn State All Sports Museum:** Located in the southwest corner of Beaver Stadium, the Penn State All Sports Museum offers visitors a firsthand look at the athletic history, heritage and traditions of one of the greatest universities in the nation. Take a peak inside Beaver Stadium from the Mount Nittany Club and view the multiple exhibits throughout the two level, 10,000 sq. ft. facility. [www.gopsusports.com/museum/](http://www.gopsusports.com/museum/)

**Blue/ White Scrimmage:** The annual Penn State Football Blue/White spring scrimmage game - one of the highlights on the Penn State sports schedule- is taking place on Saturday, April 21, 2018. Pre game activities outside the stadium include a mini carnival, live musical performances and player autograph sessions! Game day parking can be purchased on site and entrance to the game is free! Kickoff is set for early afternoon! For more information visit [www.gopsusports.com/sports/m-footbl/](http://www.gopsusports.com/sports/m-footbl/)



# 2018 Pennsylvania Level 4 State Championships Good Luck Ads

## Advertisements Specs:

All ads must be supplied as JPG files. If requested, Centre Elite will create an ad for your approval for an additional fee (please see pricing) If you choose to have Centre Elite create your ad, please provide any photos, specific wording etc. that you would like included in the ad

**Ads must be emailed to [heather@centreelitegym.com](mailto:heather@centreelitegym.com) by Friday April, 6, 2018.**

**Payments must be received by Friday April, 13, 2018\*.**

Make Checks Payable to CEGTBC and mail to:

Centre Elite Gymnastics

c/o Heather Kikel

2120 Old Gatesburg Road

State College, PA 16803

\*If payment is not received by cut off date, ad will not be included in the program.

## FULL PAGE

SIZE: 8 X 10.5

\$60- Ad Provided

\$70- Centre Elite Creates Ad

Ink- Greyscale

# HALF PAGE

SIZE: 8 X 5

\$35- Ad Provided

\$45- Centre Elite Creates Ad

Ink- Greyscale

# QUARTER PAGE

SIZE: 3.875 X 5

\$20- Ad Provided

\$25- Centre Elite Creates Ad

Ink- Greyscale

# 1/8 TH PAGE

SIZE: 3.875 X 2.5

\$15- Ad Provided

\$20- Centre Elite Creates Ad

Ink- Greyscale

Please email [heather@centreelitegym.com](mailto:heather@centreelitegym.com) as soon as possible to confirm ad size. Artwork and/or Ad must be received no later than Friday, April 6, 2018.

Ads should be submitted in .jpg format to [heather@centreelitegym.com](mailto:heather@centreelitegym.com)

Make Checks Payable to CEGTBC and mail to:

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c/o Heather Kikel

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## Ticket Prices

<b>AGES</b>	<b>ONE DAY</b>	<b>TWO DAY</b>
Ages 5 and Under	FREE	FREE
Ages 6 and Up	\$10.00	\$15.00
Senior Citizens (over 65)	\$7.00	\$10.00
Scorebooks	\$2.00	\$2.00

\*\*There will be no free admission or discounts for USA Gymnastics registered athletes or coaches not participating in these Championships. Competitors may attend other sessions without charge.\*\*

