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# PARENTS COMPEITITON INFORMATION PACKET

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## Rocky Mount Event Center

Welcome to the 2019 AAU Gymnastics State Championship! We are excited to host over 860 athletes competing from 28 gymnastics clubs to be held at the beautiful, brand new, state of the art event center in Rocky Mount! This year we are dedicating our event to two special AAU gymnastics family members we lost in 2019- Maria Young (Tumblebees) and Anna Burdette Cooper (Carolina Flipz). Their memories will be reflected in our “Stronger Together” theme that will be focusing on positive affirmations for everyone involved!

Enclosed is a welcome packet you will find important information you will want to review prior to the event to encourage the most positive experience for you all. You can find all other info (host hotel, schedule, results, etc.) on our event listing on Meetmaker.com for your convenience.

We appreciate feedback and want to provide you with the best meet experience possible. Please let us know if you have any questions or need any additional information.

Thank you,

Jessica Harris & The Team NC AAU Board

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[www.ncaaugymnastics.org](http://www.ncaaugymnastics.org)

**Ability Divisions:** Throughout the season, our NC AAU gymnasts compete in pre-determined ability divisions. At the conclusion of the season, gymnasts are sorted by all-arounds and birthdates to provide the fairest ground of play for each and every athlete. The highest all-around score each athlete achieved at a NC AAU Qualifier is put into a spreadsheet, sorted from highest to lowest, and then subdivided by age (to prevent more than a 4 year range in age) to make divisions no larger than 12. This ensures that your athlete is competing in a division that is of the most like ability/age/level and experience. *\*Please note, the letter(s) used to identify each awards group is solely used administratively (i.e. division "A" doesn't stand for "Advanced").*

**Competition Format:** We will be running two "gyms". Gym A and Gym B will be clearly labeled for you to find where your gymnast should go.

**Sessions:** You will need to find out from your coaches which session your gymnast has been assigned to. Rosters with athletes names & date of births are prohibited to be published online and the event director will direct you back to your coaches for any questions you have.

**Admissions:** Spectators will pay \$10 for adults and \$7 for children (ages 3-18)- Cash Only. We ask you come prepared with the appropriate amount of cash and exact change is greatly appreciated. Checks and credit/debit cards will not be accepted. *\*There is an ATM on site.* The event center staff will require wristbands to be worn to enter the arena.

**Outside Food/Drink:** Coolers, take out, and other bags of food, etc. are prohibited from being brought into the event center. Gymnasts & Coaches are allowed to (discretely- in their bags) bring in water bottles and snacks.

**Gymnast Check-In:** Gymnasts who show up without being on the rosters emailed prior to the event will not be allowed access onto the floor. It is the coach's responsibility to review the roster sent from the meet director to assure all their gymnasts are registered and their information is correct prior to arrival.

**Credentials:** Gymnasts must wear credentials when entering into the arena. The Event Center staff will be monitoring credentials and will only allow access into the arena with the proper credentials.

**Judges:** Our judges for this event are all certified members of the National Association of Gymnastics Judges and are some of the most experienced judges North Carolina has to offer. Please be respectful to not talk to the judges or negatively discuss scores or judgments to your neighbors or athletes. Direct all your questions to your coaches.

**Ethics:** North Carolina AAU Gymnastics promotes a positive competitive experience. Please help us maintain this vision with supporting all the athletes competing. In NC AAU there is an expectation that parents stay in their seats until the final competitor has finished before leaving to go to awards. The same applies for awards. (If you have not experienced a meet where your gymnast competes last or an awards session your gymnast's group is announced last...you will one day, and you will understand the importance of this message and be so appreciative of the parents and gymnasts that do stick around to keep the energy going and show their support.) And in AAU, we cheer loud and we cheer often! Make t-shirts, signs, etc. to show your support for your favorite gymnast or your team!

*\*I also encourage you to educate your gymnasts on the positive & beneficial impact they can have when they cheer for all the gymnasts in their squads (and awards groups) from other teams. Compliments on performance, words of encouragement, high fives, fist bumps, or holding hands with their neighbor when they salute on the awards stand are just a few examples of ways you, or your gymnast can completely change someone else's day!*

**Awards:** Please note that custom AAU Championship medals will be given to the top 50% + 1 of each awards group and 100% in the all-around. Gymnasts who have score above a 36.00+ All-Around at the state meet or have scored a 36.00+ All-Around AT A NC AAU QUALIFIER ONLY (invitationals do not apply) will receive an elite division pin. Scores are tracked carefully throughout the season to assure each athlete eligible for this prestigious pin receives one. If you have questions about scores or your gymnast's eligibility, please ask your coaches.

**Team Awards:** The top scoring 50% (max 10 teams) teams will receive an awards banner per level. Team Awards are given at the end of the final session of that level. (i.e. If there is 3 sessions of Xcel Bronze, the team awards for Xcel Bronze will be announced at the conclusion of the third session of Xcel Bronze).

**Vendors:**

- Photography- [JT Perceptions](#)
- Apparel- [Fine Designs](#)
- Awards Displays- [UDisplay](#)

**Parking:** There is a parking lot directly behind the entrance that is solely designated for the event center. Parking is \$5/day- cash only. Please note the entrance is on the opposite side of the parking lot. **PLEASE PLAN TO ARRIVE 15-30 MIN EARLY TO ALLOW FOR PARKING AND WALKING TO THE FACILITY!**

**Location:**

[Rocky Mount Event Center](#)  
285 NE Main St.  
Rocky Mount, NC 27801

# Rocky Mount Event Center Parking Map

