

Sunday, November 4, 2018

Session 1: USAG levels 3,4,5, Br, Si

50 gymnasts Format: Modified Traditional Open Stretch Begins: 12:30 March In: 12:50 Timed Warmups: 1:00 Awards: 3:25

Session 2: AAU Xcel Levels

30 gymnasts Format: Modified Traditional Open Stretch Begins: 3:45 March In: 4:05 Timed Warmups: 4:15 Awards: 6:00