



**2021 North Carolina**

**AAU Gymnastics**

**STATE CHAMPIONSHIP**

**@ Greenville Convention Center, SC**

**May 1, 2021 - May 2, 2021**

## **Session 1A, Bronze Div 4,5,6**

**Saturday, May 1, 2021**

*Clubs: Carolina Elite Gymnastics, Carolina Flipz, Carolina Gymnastics Academy, Central Carolina Gymnastics, Charlotte Allstars Gymnastics, Clemmons Gymnastics, Everest Gymnastics, First In Flight Gymnastics Academy Inc, Flip Force Gymnastics, Foothills Gymnastics Training Center, Hahn's Gymnastics, Halo Gymnastics, Harris Chalkettes, High Point Gymnastics Academy, Knightdale Gymnastics*

*48 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 11:00 AM*

*March In: 11:20 AM*

*Awards: 12:50 PM*

## **Session 1B, L2,3,6,7 & Boys**

*Clubs: Hahn's Gymnastics, Halo Gymnastics, Harris Chalkettes, Lake Norman Stars Gymnastics, Metrolina Gymnastics, River City Gymnastics, Tri-County Gymnastics*

*47 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 11:30 AM*

*March In: 11:50 AM*

*Awards: 1:50 PM*

## **Session 2A, Bronze Div 3,7**

*Clubs: Carolina Elite Gymnastics, Carolina Flipz, Central Carolina Gymnastics, Charlotte Allstars Gymnastics, Clemmons Gymnastics, Everest Gymnastics, First In Flight Gymnastics Academy Inc, Flip Force Gymnastics, Foothills Gymnastics Training Center, Hahn's Gymnastics, Halo Gymnastics, Harris Chalkettes, High Point Gymnastics Academy, Knightdale Gymnastics, Metrolina Gymnastics, New Bern Gymnastics, Nick's Flippin Kids, Tri-County Gymnastics*

*56 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 1:20 PM*

*March In: 1:40 PM*

*Awards: 3:10 PM*

## **Session 2B, Platinum Div 2**

*Clubs: Carolina Elite Gymnastics, Carolina Flipz, Charlotte Allstars Gymnastics, First In Flight Gymnastics Academy Inc, Halo Gymnastics, Harris Chalkettes, Lake Norman Stars Gymnastics, Metrolina Gymnastics, Perfect Balance Training Center, Tri-County Gymnastics, Ultimate Kids*

*53 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 2:20 PM*

*March In: 2:40 PM*

*Awards: 5:15 PM*

## **Session 3A, Bronze Div 1 & 2**

*Clubs: Carolina Flipz, Carolina Gymnastics Academy, Central Carolina Gymnastics, Charlotte Allstars Gymnastics, Clemmons Gymnastics, Everest Gymnastics, First In Flight Gymnastics Academy Inc, Flip Force Gymnastics, Foothills Gymnastics Academy, Foothills Gymnastics Training Center, Halo Gymnastics, Harris Chalkettes, Knightdale Gymnastics, Metrolina Gymnastics, New Bern Gymnastics, Tri-County Gymnastics*

*56 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 3:40 PM*

*March In: 4:00 PM*

*Awards: 5:35 PM*

## **Session 3B, XD,8-10,XP Div 1**

*Clubs: Carolina Elite Gymnastics, Carolina Flipz, Central Carolina Gymnastics, First In Flight Gymnastics Academy Inc, Foothills Gymnastics Training Center, Harris Chalkettes, Knightdale Gymnastics, Lake Norman Stars Gymnastics, Metrolina Gymnastics, Perfect Balance Training Center, Tri-County Gymnastics*

*46 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 5:45 PM*

*March In: 6:05 PM*

*Awards: 8:05 PM*

## **Session 4A, Silver Div 4,7**

*Clubs: Carolina Elite Gymnastics, Carolina Gymnastics Academy, Central Carolina Gymnastics, Charlotte Allstars Gymnastics, Clemmons Gymnastics, First In Flight Gymnastics Academy Inc, Flip Force Gymnastics, Foothills Gymnastics Training Center, Hahn's Gymnastics, Halo Gymnastics, Harris Chalkettes, High Point Gymnastics Academy, Knightdale Gymnastics, Nick's Flippin Kids, Perfect Balance Training Center*

*40 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 6:05 PM*

*March In: 6:25 PM*

*Awards: 7:50 PM*

## **Session 5A, Silver Div 3,5**

**Sunday, May 2, 2021**

*Clubs: Carolina Elite Gymnastics, Carolina Gymnastics Academy, Central Carolina Gymnastics, Charlotte Allstars Gymnastics, Clemmons Gymnastics, Everest Gymnastics, First In Flight Gymnastics Academy Inc, Flip Force Gymnastics, Foothills Gymnastics Training Center, Hahn's Gymnastics, Halo Gymnastics, Metrolina Gymnastics, Nick's Flippin Kids, Perfect Balance Training Center, Tri-County Gymnastics, Ultimate Kids 53 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 8:00 AM*

*March In: 8:20 AM*

*Awards: 10:00 AM*

## **Session 5B, Gold Div 4,5,7**

*Clubs: Carolina Elite Gymnastics, Carolina Flipz, Carolina Gymnastics Academy, Central Carolina Gymnastics, Charlotte Allstars Gymnastics, Clemmons Gymnastics, First In Flight Gymnastics Academy Inc, Foothills Gymnastics Academy, Foothills Gymnastics Training Center, Hahn's Gymnastics, Halo Gymnastics, Harris Chalkettes, High Point Gymnastics Academy, Lake Norman Stars Gymnastics, Metrolina Gymnastics, New Bern Gymnastics, Nick's Flippin Kids, Perfect Balance Training Center, Tri-County Gymnastics, Ultimate Kids 66 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 8:30 AM*

*March In: 8:50 AM*

*Awards: 10:55 AM*

## **Session 6A, Silver Div 2, 6**

*Clubs: Carolina Elite Gymnastics, Central Carolina Gymnastics, Charlotte Allstars Gymnastics, Clemmons Gymnastics, Everest Gymnastics, First In Flight Gymnastics Academy Inc, Flip Force Gymnastics, Foothills Gymnastics Training Center, Hahn's Gymnastics, Harris Chalkettes, High Point Gymnastics Academy, Knightdale Gymnastics, Lake Norman Stars Gymnastics, Metrolina Gymnastics, New Bern Gymnastics, Nick's Flippin Kids, Perfect Balance Training Center, Tri-County Gymnastics*

*52 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 10:30 AM*

*March In: 10:50 AM*

*Awards: 12:25 PM*

## **Session 6B, Gold Div 3,6**

*Clubs: Carolina Elite Gymnastics, Carolina Flipz, Carolina Gymnastics Academy, Central Carolina Gymnastics, Charlotte Allstars Gymnastics, Clemmons Gymnastics, Everest Gymnastics, First In Flight Gymnastics Academy Inc, Flip Force Gymnastics, Foothills Gymnastics Training Center, Hahn's Gymnastics, Harris Chalkettes, High Point Gymnastics Academy, Knightdale Gymnastics, Lake Norman Stars Gymnastics, New Bern Gymnastics, Nick's Flippin Kids, Perfect Balance Training Center, Tri-County Gymnastics, Ultimate Kids*

*57 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 11:25 AM*

*March In: 11:45 AM*

*Awards: 1:30 PM*

## **Session 7A, Silver Div 1**

*Clubs: Carolina Elite Gymnastics, Carolina Gymnastics Academy, Central Carolina Gymnastics, Charlotte Allstars Gymnastics, Clemmons Gymnastics, Everest Gymnastics, First In Flight Gymnastics Academy Inc, Flip Force Gymnastics, Foothills Gymnastics Academy, Harris Chalkettes, Knightdale Gymnastics, Lake Norman Stars Gymnastics, Metrolina Gymnastics, New Bern Gymnastics, Nick's Flippin Kids, Perfect Balance Training Center, Tri-County Gymnastics, Ultimate Kids*

*61 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 12:55 PM*

*March In: 1:15 PM*

*Awards: 3:05 PM*

## **Session 7B, Gold Div 1,2**

*Clubs: Carolina Elite Gymnastics, Carolina Flipz, Central Carolina Gymnastics, Clemmons Gymnastics, Everest Gymnastics, First In Flight Gymnastics Academy Inc, Foothills Gymnastics Academy, Foothills Gymnastics Training Center, Harris Chalkettes, Knightdale Gymnastics, Lake Norman Stars Gymnastics, Metrolina Gymnastics, New Bern Gymnastics, Perfect Balance Training Center, Tri-County Gymnastics*

*60 gymnasts*

*Format: Modified Capitol Cup*

*Open Stretch Begins: 2:00 PM*

*March In: 2:20 PM*

*Awards: 4:05 PM*