

Rotation Schedule

Aug 11, 2022

Sunday, August 28, 2022

Session: 01 -- USA Level 4/5

Open Warmup 8:00 AM

Timed Warmup 8:25 AM

Introduction 8:15 AM

Awards 10:25 AM

Gymnasts: 39

8

Gym Unlimited - 8

10

All Around Gymnastic - 10

12

C&C Gym - 12

9

All Around Gymnastic - 5

GA- Top Notch - 4

Sunday, August 28, 2022

Session: 02 -- USA Level 2

Open Warmup 11:15 AM

Timed Warmup 11:40 AM

Introduction 11:30 AM

Awards 1:43 PM

Gymnasts: 56

12

GA- Top Notch - 12

15

C&C Gym - 15

18

All Around Gymnastic - 18

11

Lega - 11

Sunday, August 28, 2022

Session: 03 -- USA Level 3

Open Warmup 2:30 PM

Timed Warmup 2:55 PM

Introduction 2:45 PM

Awards 5:00 PM

Gymnasts: 51

12

C&C Gym - 12

13

All Around Gymnastic - 5

360 Tumble - 8

14

All Around Gymnastic - 14

11

Lega - 6

GA- Top Notch - 5