

Level 6/7 Regional Championships

US Cellular Center, 87 Haywood Street, Asheville, NC 28801

Friday April 22, 2016

Session 1 **Level 6** **75 athletes**
6/29/2004 and After

Stretch	9:00-9:20 AM
March In	9:20-9:35 AM
Warm Up/Compete	9:35-12:20 PM
Awards	12:30 PM

Session 2 **Level 6** **72 athletes**
6/28/2004 and Before

Stretch	12:45 - 1:05 PM
March In	1:05-1:20 PM
Warm Up/Compete	1:20 - 3:50 PM
Awards	4:00 PM

Session 3 **Level 6 State Teams (64 athletes)**
All ages

Stretch	4:15 - 4:35 PM
March In	4:35 - 4:47 PM
Warm Up/Compete	4:47 - 8:00 PM
Awards	8:15 PM

Saturday April 23, 2016

Session 4 **Level 7** **73 athletes**
4/28/2005 and After

Stretch	9:00-9:20 AM
March In	9:20-9:35 AM
Warm Up/Compete	9:35-12:30 PM
Awards	12:40 PM

Session 5 **Level 7 State Teams(64 athletes)**

Stretch	12:45 - 1:05 PM
March In	1:05 - 1:17 PM
Warm Up/Compete	1:17 - 3:45 PM
Awards	3:55 PM

Session 6 **Level 7** **72 athletes**
4/22/2004 - 4/27/2005

Stretch	4:15 - 4:35 PM
March In	4:35 - 4:50 PM
Warm Up/Compete	4:50 - 7:35 PM
Awards	7:45 PM

Sunday April 24, 2016

Session 7 **Level 7** **75 athletes**
2/6/2003 - 4/21/2004

Stretch	8:00-8:20 AM
March In	8:20-8:35 AM
Warm Up/Compete	8:35-11:35 AM
Awards	11:45 AM

Session 8 **Level 7** **74 athletes**
2/5/2003 and Before

Stretch	12:00:00 - 12:20PM
March In	12:20 - 12:35 PM
Warm Up/Compete	12:35 - 3:35 PM
Awards	3:45 PM

Please be at competition site 30 minutes prior to set stretch time. If we are ahead of schedule we will begin early.