

# OPTIONAL JUDGES CRITIQUE CLINIC

Hosted by NC Judges Association-NAWGJ

**Critique Site: Tri-County Gymnastics**

**5223 B Hwy. 96**

**Youngsville, NC 27596**

**919-556-5445**

## Saturday, December 10

### Session 1 (26)

**Gold-Central Carolina , Stanly, Carolina, Harrison**

**Platinum/Diamond-Harrison, OC, Tri-County**

12:00-12:15

Open Stretch & Bar Settings-Parent Information Session

12:15-2:00

Event warm-up, competition and evaluation (25 min rotations)

V (5)

UB (7)

BB (7)

FX (7)

Harrison (3G) (2P)

Stanly (5G) (1S)

CCG (5G)

CCG (5G)

Tri Co (1D)

OC (2P)

Carolina (2G)

### Session 2 (31)

**Level 7,8,9**

**Diamond-ccg**

2:00-2:15

Open Stretch & Bar Settings-Parent Information Session

2:15-4:30

Event warm-up, competition and evaluation (30 min rotations)

V (8)

UB (8)

BB (7)

FX (8)

CCG (2) L7, (2) XD, (1)L9

Carolina (1)L7, (1)L8

Tri Co (2)L7

eNeRGy

Stanly (1)L8, (2)L9

Enso (4)L7, (1) L9

Triumph (6)L7

(3)L7, (1)L8,(2)L9

Harrison (1) L8

Lake Norman (1)L7, (1) L8

### Session 3 (30)

**Level 6**

5:00-5:15

Open Stretch & Bar Settings-Parent Information Session

5:15-7:15

Event warm-up, competition and evaluation (40 min rotations)

V (8)

UB (7)

BB (8)

FX (7)

Enso (6)

Tri Co (3)

Tri Co. (8)

Energy (5)

Trad (1)

Carolina (3)

Triumph (2)

Lake Norman (1)

Stanly (1)

# Sunday, December 11

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## **Session 4 (42) Gold- Tri Co, Acroport, Wilson, Traditional, OC**

8:30-8:45 Open Stretch & Bar Settings-Parent Information Session

8:45-11:45 Event warm-up, competition and evaluation (45minute rotations)

<u>V (11)</u>	<u>UB (10)</u>	<u>BM (11)</u>	<u>FX (10)</u>
OC (11)	Tri Co (10)	Tri Co (11)	Acro (7) Wilson (1) Traditional (2)

## **Session 5 (54) Silver**

12:15-12:30 Open Stretch & Bar Settings-Parent Information Session

12:30-3:30 Event warm-up, competition and evaluation (40 minute rotations)

<u>V (14)</u>	<u>UB (14)</u>	<u>BM (14)</u>	<u>FX (9)</u>
Tri Co (14)	Carolina (9) Acro (5)	Carolina (8) Harrison (6)	Stanly (1) OC (5) Wilson (3)

## **Session 6 (53) Bronze**

3:30-3:45 Open Stretch & Bar Settings-Parent Information Session

3:45-6:00 Event warm-up, competition and evaluation (30 minute rotations)

<u>V (13)</u>	<u>UB (13)</u>	<u>BB (13)</u>	<u>FX (14)</u>
Stanly (8) Acro (5)	Tri Co (9) Traditional (4)	Harrison (7) OC (6)	Carolina (8) Tri Co (6)