



**Rose's Gymnastics is proud to be hosting the
2018 North Carolina
State Championships for Levels 6-10**

General Information for Coaches:

- Location of Meet – Greenville Convention Center, 303 SW Greenville Blvd., Greenville, NC 27858
- Parking is FREE. Abundant parking, easy walking from hotels.
- State Meet Gate Fees: Adults \$10, Children \$5, under age 5 free; Family \$25 (2 adults & 1 or more children); Seniors (62+) \$5; Gate fee will allow access for more than 1 day
- Doors will open 1 hour before the first session each day.
- Souvenir programs will be available for \$5
- Athletes will be given a meet gift when they check-in.
- Concessions will be available supporting our parents' fund-raising group. Typical concession foods will be available and several food trucks will be on site.
- USA Gymnastics sanctioned events do not allow the use of flashes on cameras during the meet. Please make sure you have checked your settings and turn the flash off. This rule is to ensure the safety of the gymnasts.
- Many vendors will be selling apparel, gifts, and other items for your convenience. Please visit our vendors when you have time. Digital Magic Photography and Fine Designs will provide official state meet items.
- Hotel Information: These hotels are on the convention center campus
Greenville Hilton - \$129.00 + tax per night 252-355-5000
Hampton Inn - \$129.00+ tax per night (including breakfast) 252-355-7400
Holiday Inn - \$119.00+ tax per night 252-355-8300
- Coaches' sign in will be in the lobby beside the athlete sign-in. Please make sure you are current in all areas. You will not be permitted on the floor if your membership is pending for any reason. It is a good idea to have your information available either by phone or paper.
- You must wear your credentials while on the floor coaching.
- Coaches' meetings will be held before each session. Updates may occur to the rotation sheets at this time. Please arrive promptly for each session.
- Meals will be provided throughout the weekend. However, we ask that you partake only if you are actually coaching the sessions around the meal times. Snacks and drinks will be provided all day long throughout the competition.
- The USA Gymnastics Codes of Ethics and Dress are in effect for each athlete, coach and official. To review the code please go to:
http://usa-gymnastics.org/pages/aboutus/pages/code_of_ethics.html