

We Are Strong - Salt Lake

LR Productions

February 24, 2022 - February 26, 2022

Session 1: NGA All Levels

Thursday, Feb 24, 2022

33 gymnasts

Format: Modified Traditional

Open Stretch Begins: 1:30 PM

March In: 1:50 PM

Awards: 3:50 PM

Session 2: Silver Under 10

38 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 4:05 PM

March In: 4:25 PM

Awards: 6:00 PM

Session 3: Silver 10 & up

53 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 6:15 PM

March In: 6:35 PM

Awards: 8:30 PM

Session 4: Level 6

Friday, Feb 25, 2022

48 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:15 AM

Session 5: Level 8

49 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:30 AM

March In: 10:50 AM

Awards: 1:40 PM

Session 6: Bronze

79 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 1:55 PM

March In: 2:15 PM

Awards: 4:25 PM

Session 7: Gold

72 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 4:40 PM

March In: 5:00 PM

Awards: 7:20 PM

Session 8: Level 5 & Platinum

Saturday, Feb 26, 2022

48 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:40 AM

Session 9: Level 7 & Diamond

67 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:55 AM

March In: 11:15 AM

Awards: 2:45 PM

Session 10: Level 9

39 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 3:00 PM

March In: 3:20 PM

Awards: 5:35 PM

Session 11: Level 10

28 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:50 PM

March In: 6:10 PM

Awards: 8:00 PM