

Light It Up 2022

Central Carolina Gymnastics @ Salisbury, NC

January 28, 2022 - January 30, 2022

Session 1: AAU Silver (dob 9/14/2011 & after)

Friday, Jan 28, 2022

40 gymnasts

Format: Modified Traditional

Open Stretch Begins: 1:30 PM

March In: 1:50 PM

Awards: 3:35 PM

Session 2: AAU Silver (dob 9/13/2011 & before)

48 gymnasts

Format: Modified Traditional

Open Stretch Begins: 4:05 PM

March In: 4:25 PM

Awards: 6:35 PM

Session 3: AAU Gold (dob 10/1/09 & after)

40 gymnasts

Format: Modified Traditional

Open Stretch Begins: 7:05 PM

March In: 7:25 PM

Awards: 9:10 PM

Session 4: AAU Platinums & Gold (dob before 10/1/09)

Saturday, Jan 29, 2022

37 gymnasts

Format: Modified Traditional

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:50 AM

Session 5: AAU Bronze (dob 11/9/12 & before)

45 gymnasts

Format: Modified Traditional
Open Stretch Begins: 11:20 AM
March In: 11:40 AM
Awards: 1:30 PM

Session 6: AAU Bronze (dob 11/10/12 & after)

50 gymnasts
Format: Modified Traditional
Open Stretch Begins: 2:00 PM
March In: 2:20 PM
Awards: 4:05 PM

Session 7: USAG 7-10, Diamond

47 gymnasts
Format: Modified Traditional
Open Stretch Begins: 4:35 PM
March In: 4:55 PM
Awards: 8:45 PM

Session 8: Level 2, 3 & Bronze

Sunday, Jan 30, 2022

36 gymnasts
Format: Modified Traditional
Open Stretch Begins: 8:00 AM
March In: 8:20 AM
Awards: 9:50 AM

Session 9: Silver

34 gymnasts
Format: Modified Traditional
Open Stretch Begins: 10:20 AM
March In: 10:40 AM
Awards: 12:30 PM

Session 10: Platinum & Level 6

41 gymnasts
Format: Modified Traditional
Open Stretch Begins: 1:00 PM
March In: 1:20 PM
Awards: 4:00 PM

Session 11: Level 4, Gold

48 gymnasts

Format: Modified Traditional

Open Stretch Begins: 4:30 PM

March In: 4:50 PM

Awards: 7:35 PM