

NC 2022 NGA State Meet

Legacy Elite @ Highland Rec Center - Hickory

April 30, 2022 - May 1, 2022

Session 1: Level 2

Saturday, Apr 30, 2022

55 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:10 AM

Session 2: Level 1 & Silver

59 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:55 AM

March In: 11:15 AM

Awards: 1:25 PM

Session 3: Level 3 & 4

74 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:10 PM

March In: 2:30 PM

Awards: 5:10 PM

Session 4: Level 6 & Gold

Sunday, May 1, 2022

74 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:55 AM

Session 5: Platinum & Diamond

53 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:40 AM

March In: 12:00 PM

Awards: 2:35 PM

Session 6: Level 7,8,9,10

58 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 3:20 PM

March In: 3:40 PM

Awards: 6:40 PM