

Time	Georgia USAG State Clinic 2022 Session Saturday June 11th.		
7:45-8:20	Registration		
8:30 to 9:30	USAG State Chairman's Annual Open Meeting/ Women's Development Program UPDATES: Dance Room 4: Michelle Pomerantz		
9:35 to 10:30	Owners Round Table- Moderated by Drew Davis Dance Room 4	Drills and skills for developing Yurchenko & Tsukahara Main Floor /Vault Luis Augusto Dos Santos "GUTO"	Flipping Education (Recreational Program) Recreational Gym (behind the bleachers) Age appropriate skills, class management and hands on teaching! Recreational Gym (behind the bleachers) Linda Thorberg & Brant Lutska
10:35 to 11:30	Owners Round Table- Moderated by Drew Davis Dance Room 4	Level 3 – 6 Bars Drills and Techniques Main Floor/Bars Allye Gibbons	Flipping Education (Recreational Program) Age appropriate skills, class management and hands on teaching continued... Recreational Gym (behind the bleachers) Linda Thorberg & Brant Lutska
11:35 to 12:30	Owners Round Table- Moderated by Drew Davis Dance Room 4	Level 5 – 6 Beam Drills and Skills "Creating future Gym Acro & Acro Series" Back Floor / Beam Area Carlos Sanchez	Flipping Education (Recreational Program) Age appropriate skills, class management and hands on teaching continued... Recreational Gym (behind the bleachers) Linda Thorberg & Brant Lutska
12:30-1:25	Lunch (Provided)		
1:30 to 2:25	Sports Medicine The Female Athlete Triad and Stress fractures of the spine Dance Room 4	Recruiting Process "Rules, Updates & How Club Coaches can help gymnasts on this journey" Main Floor Josh Overton	Flipping Education (Recreational Program) Circuit planning, coordination strength and warm-ups, meet preparation and birthday parties

	Dr. Tatiana Patsimas		Recreational Gym (behind the bleachers) Linda Thorberg & Brant Lutska Circuit planning, coordination strength and warm-ups, meet preparation and birthday parties continued
2:30 to 3:25	Sports Medicine “Preventing Gymnast Wrist- Are you addressing range of motion and strength?” Dance Room 4 Dave Khlos	Level 7 – 10 Beam Drills and Skills “Setting the ideal Gym ACRO & Acro Series for my gymnast” Back Floor / Beam Area Carlos Sanchez	Flipping Education (Recreational Program) Circuit planning, coordination strength and warm-ups, meet preparation and birthday parties continued Recreational Gym (behind the bleachers) Linda Thorberg & Brant Lutska
3:30 to 4:25	Nutrition	Level 6 – 8 Floor Drills and Skills “Developing future D and E floor tumbling Skills (forward or backward) Main Floor Josh Overton	Flipping Education (Recreational Program) Circuit planning, coordination strength and warm-ups, meet preparation and birthday parties continued Recreational Gym (behind the bleachers) Linda Thorberg & Brant Lutska
4:30 to 5:25		Level 6 – 8 Bars Drills and Techniques “Learning to Fly” Bars Transitions: HB to LB & LB to HB Main Floor/Bars JP Monterroso	Flipping Education (Recreational Program) Circuit planning, coordination strength and warm-ups, meet preparation and birthday parties continued Recreational Gym (behind the bleachers) Linda Thorberg & Brant Lutska