



NAWGJ Regional Symposium

September 13-15, 2024

Location: Clemson University in conjunction with National Team Training Camp

Friday, 9/13/24

3-3:55pm — Good/Better/Best Dismounts and Skills on UB and BB —
What should they look like? Paul Padron (SC) & Diane
Thompson (NC)

4-4:30pm — Rules and Policies is your Friend — Stacy Harris (GA)

4:35-5:05pm — Neuroscience of Judging — Amanda Carter (NC)

5:10-5:40pm — Xcel Rules Clarifications — Cathy Campfield (GA)

Saturday, 9/14/24

8:30-9:25am — Start Value Mania - Level 9 & Sapphire — Cherie Hampton
(NC) & Kim Stenson (NC)

9:30-10:25am — Great Expectations - Leap, Jumps and Turns — Sharyn
Strickland (FL) & Marci Kaplan (FL)

10:30-11:30 — Technique Expectations on Bar Skills — Brad Harris
(Tampa Bay Turners) & John Thorpe (Sunshine Gymnastics)
assisted by athletes

Sunday, 9/15/24

8:30-9am — Where's My Chocolate? — Carol Olney & Rosie Brady (SC)

9:05-9:35am — Optional Beam Composition — Mary Hoagland (NC)

9:40-10:10am — Inquiries 101 — Janet Efland & Pat Faulkner (SC)