

EDGE 2026

PBTC @ Carolina Courts - Indian Trail

January 23, 2026 - January 25, 2026

Session 1A: Level 4, 5, 6

Friday, Jan 23, 2026

Clubs: Axcelerate Gymnastics Academy, CORE Gymnastics, Carolina Gymnastics Center, New Bern Gymnastics, Oak City Gymnastics, Perfect Balance Training Center, Stanly County Gymnastics, Top Notch Gymnastics, Yadkin Valley Gymnastics Academy III, eNeRGy

57 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 4:00 PM

March In: 4:20 PM

Awards: 6:20 PM

Session 1B: Gold Group 1

Clubs: CountrySide Gymnastics, High Point Gymnastics Academy, Illumination Training Center, Oak City Gymnastics, Port City Gymnastics, SGA Gymnastics, Top Notch Gymnastics, Yadkin Valley Gymnastics Academy III

77 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 4:00 PM

March In: 4:20 PM

Awards: 6:45 PM

Session 2A: Platinum (dob after 9/26/11)

Clubs: CountrySide Gymnastics, High Point Gymnastics Academy, Illumination Training Center, Oak City Gymnastics, Port City Gymnastics, SGA Gymnastics, Stanly County Gymnastics, Take Charge Gymnastics, Top Notch Gymnastics, Triumph Gymnastics, Unify Gymnastics, Yadkin Valley Gymnastics Academy III, eNeRGy

65 gymnasts

*Format: Modified Capitol Cup
Open Stretch Begins: 6:35 PM
March In: 6:55 PM
Awards: 9:45 PM*

Session 2B: Gold Group 2

Clubs: Axcelerate Gymnastics Academy, Carolina Gymnastics Center, New Bern Gymnastics, Perfect Balance Training Center, Stanly County Gymnastics, Take Charge Gymnastics, Triumph Gymnastics, Unify Gymnastics

69 gymnasts

*Format: Modified Capitol Cup
Open Stretch Begins: 7:05 PM
March In: 7:25 PM
Awards: 9:40 PM*

Session 3A: Bronze Group 1

Saturday, Jan 24, 2026

Clubs: Axcelerate Gymnastics Academy, New Bern Gymnastics, Oak City Gymnastics, Perfect Balance Training Center, Take Charge Gymnastics, Top Notch Gymnastics, Triumph Gymnastics, WAKE Gymnastics Inc, Yadkin Valley Gymnastics Academy III

84 gymnasts

*Format: Modified Capitol Cup
Open Stretch Begins: 8:00 AM
March In: 8:20 AM
Awards: 10:35 AM*

Session 3B: AAU Copper

Clubs: Gymnastics Center Of Hartsville, Kpac, Perfect Balance Training Center, Sga Gymnastics, Soar Moor Gymnastics, Stanly County Gymnastics

57 gymnasts

*Format: Modified Capitol Cup
Open Stretch Begins: 8:00 AM
March In: 8:20 AM
Awards: 10:05 AM*

Session 4A: Bronze Group 2

Clubs: Carolina Gymnastics Center, CountrySide Gymnastics, High Point Gymnastics Academy, KPAC, SGA Gymnastics, Unify Gymnastics, Young's Gym

87 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:55 AM

March In: 11:15 AM

Awards: 1:40 PM

Session 4B: AAU Bronze (dob after 7/13/16)

Clubs: Core Gymnastics, Energy, Gymnastics Center Of Hartsville, Gymnastics Unlimited, Harris Chalkettes, New Bern Gymnastics, Perfect Balance Training Center, Port City Gymnastics, Sga Gymnastics, Soar Moor Gymnastics, Stanly County Gymnastics, Top Notch Gymnastics

74 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:25 AM

March In: 10:45 AM

Awards: 12:45 PM

Session 5A: Level 7,8,9,10

Clubs: Axcelerate Gymnastics Academy, CORE Gymnastics, Carolina Gymnastics Center, Illumination Training Center, New Bern Gymnastics, Oak City Gymnastics, Perfect Balance Training Center, Port City Gymnastics, Stanly County Gymnastics, Top Notch Gymnastics, Triumph Gymnastics, Yadkin Valley Gymnastics Academy III, eNeRGy

56 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:00 PM

March In: 2:20 PM

Awards: 5:20 PM

Session 5B: AAU Bronze (dob before 7/13/16)

Clubs: Core Gymnastics, Energy, Gymnastics Center Of Hartsville, Gymnastics Unlimited, Harris Chalkettes, New Bern Gymnastics, Perfect Balance Training Center, Port City Gymnastics, Sga Gymnastics, Soar Moor Gymnastics, Stanly County Gymnastics, Top Notch Gymnastics, Unify Athletics, Yadkin Valley Gymnastics Academy

75 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 1:05 PM

March In: 1:25 PM

Awards: 3:25 PM

Session 6A: Platinum (dob before 9/26/11), Diamond, Sapphire

Clubs: Carolina Gymnastics Center, CountrySide Gymnastics, High Point Gymnastics Academy, Illumination Training Center, Oak City Gymnastics, SGA Gymnastics, Take Charge Gymnastics, Top Notch Gymnastics, Triumph Gymnastics, Unify Gymnastics
67 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:40 PM

March In: 6:00 PM

Awards: 9:15 PM

Session 6B: AAU Gold (dob after 11/17/13)

Clubs: Charlotte Gymnastics Academy, Core Gymnastics, Energy, Gymnastics Center Of Hartsville, Gymnastics Unlimited, Harris Chalkettes, Perfect Balance Training Center, Sga Gymnastics, Stanly County Gymnastics, Top Notch Gymnastics, Unify Athletics

64 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 3:45 PM

March In: 4:05 PM

Awards: 6:05 PM

Session 7B: AAU Gold (dob before 11/17/13) and Diamonds

Clubs: Charlotte Gymnastics Academy, Core Gymnastics, Energy, Gymnastics Center Of Hartsville, Gymnastics Unlimited, Harris Chalkettes, New Bern Gymnastics, Perfect Balance Training Center, Sga Gymnastics, Stanly County Gymnastics, Top Notch Gymnastics, Unify Athletics, Yadkin Valley Gymnastics Academy

57 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 6:25 PM

March In: 6:45 PM

Awards: 8:55 PM

Session 8A: Level 1,2,3, Silver Group 1

Sunday, Jan 25, 2026

Clubs: Carolina Gymnastics Center, Illumination Training Center, KPAC, New Bern Gymnastics, Oak City Gymnastics, SGA Gymnastics, Triumph Gymnastics

87 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 11:10 AM

Session 8B: AAU Silver (dob after 7/25/15)

Clubs: Charlotte Gymnastics Academy, Core Gymnastics, Energy, Gymnastics Unlimited, Harris Chalkettes, New Bern Gymnastics, Perfect Balance Training Center, Port City Gymnastics, Sga Gymnastics, Stanly County Gymnastics, Top Notch Gymnastics

84 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:50 AM

Session 9A: Silver Group 2

Clubs: Axcelerate Gymnastics Academy, Carolina Gymnastics Center, CountrySide Gymnastics, Perfect Balance Training Center, Top Notch Gymnastics, Young's Gym
88 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:30 AM

March In: 11:50 AM

Awards: 2:35 PM

Session 9B: AAU Silver (dob before 7/25/15)

Clubs: Charlotte Gymnastics Academy, Core Gymnastics, Energy, Gymnastics Center Of Hartsville, Gymnastics Unlimited, Harris Chalkettes, New Bern Gymnastics, Perfect Balance Training Center, Port City Gymnastics, Sga Gymnastics, Stanly County Gymnastics, Top Notch Gymnastics, Yadkin Valley Gymnastics Academy

82 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:10 AM

March In: 11:30 AM

Awards: 2:00 PM

Session 10A: Silver Group 3

Clubs: High Point Gymnastics Academy, SGA Gymnastics, Take Charge Gymnastics, Unify Gymnastics, WAKE Gymnastics Inc

71 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:55 PM

March In: 3:15 PM

Awards: 5:40 PM

Session 10B: AAU Platinum, Sapphire, Adults

Clubs: Charlotte Gymnastics Academy, Core Gymnastics, Gymnastics Center Of Hartsville, Gymnastics Unlimited, Harris Chalkettes, New River Gymnastics Academy, Perfect Balance Training Center

52 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:20 PM

March In: 2:40 PM

Awards: 5:05 PM

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