

NC NGA State Championships

Hickory Convention Center

April 18, 2026 - April 19, 2026

Session 1. Levels 1N, 2BN

Saturday, Apr 18, 2026

82 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:30 AM

March In: 8:50 AM

Awards: 11:05 AM

Session 2. Level 3N

83 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:25 AM

March In: 11:45 AM

Awards: 2:15 PM

Session 3. Levels SN, 4N, 5N

70 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 2:35 PM

March In: 2:55 PM

Awards: 5:20 PM

Session 4. Level GN

74 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:40 PM

March In: 6:00 PM

Awards: 8:35 PM

Session 5. Levels 6N, PN, 7N

Sunday, Apr 19, 2026

55 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:30 AM

March In: 8:50 AM

Awards: 11:25 AM

Session 6. Levels 8N, DN, 9N, 10N

49 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 11:45 AM

March In: 12:05 PM

Awards: 2:45 PM