

Salto Soleil 2026

Southeastern Gymnastics

October 24, 2026

Session 1. Level 2

Saturday, Oct 24, 2026

59 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 8:00 AM

March In: 8:20 AM

Awards: 10:05 AM

Session 2. Level 3 and Silver

89 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 10:20 AM

March In: 10:40 AM

Awards: 1:30 PM

Session 3. Level 4 and 5

89 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 1:45 PM

March In: 2:05 PM

Awards: 5:30 PM

Session 4. Bronze, Gold, Platinum, Diamond

55 gymnasts

Format: Modified Capitol Cup

Open Stretch Begins: 5:45 PM

March In: 6:05 PM

Awards: 8:20 PM